# Autism and the predictive mind Context blindness 2.0

PETER VERMEULEN, PhD



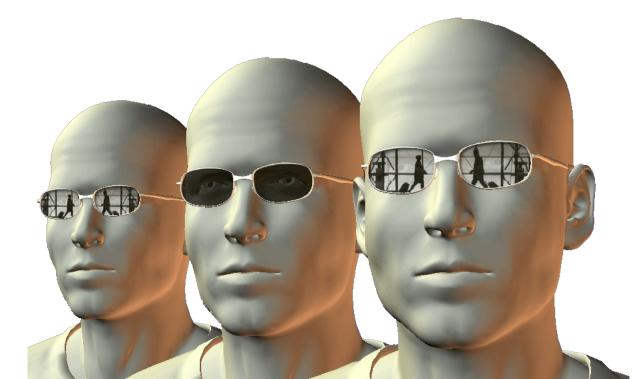
### **AUTISM in CONTEXT**

from neurodiversity to neuroharmony

www.petervermeulen.be



peter\_autisme



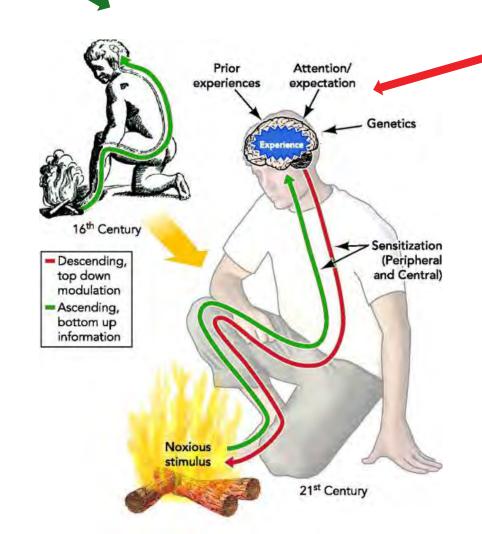
### Autism friendliness

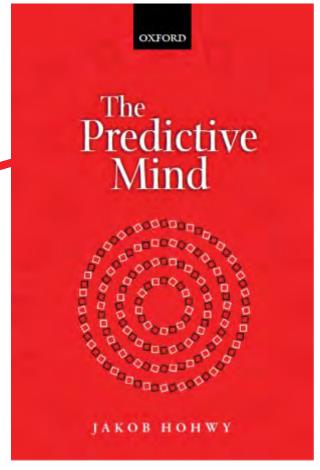
 An autism friendly approach starts from an understanding of autism from within!

 Knowledge of "autistic thinking" is the key to success in education and treatment!



Copernican revolution in brain science

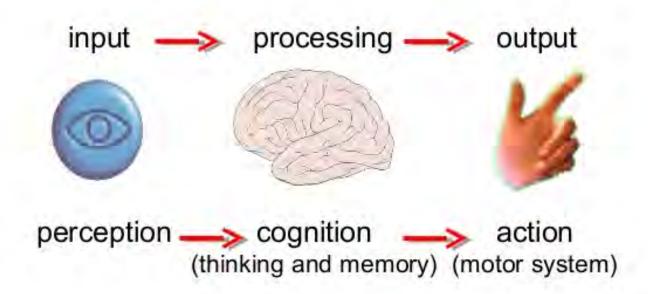






# Default idea about the brain

### computational analogy

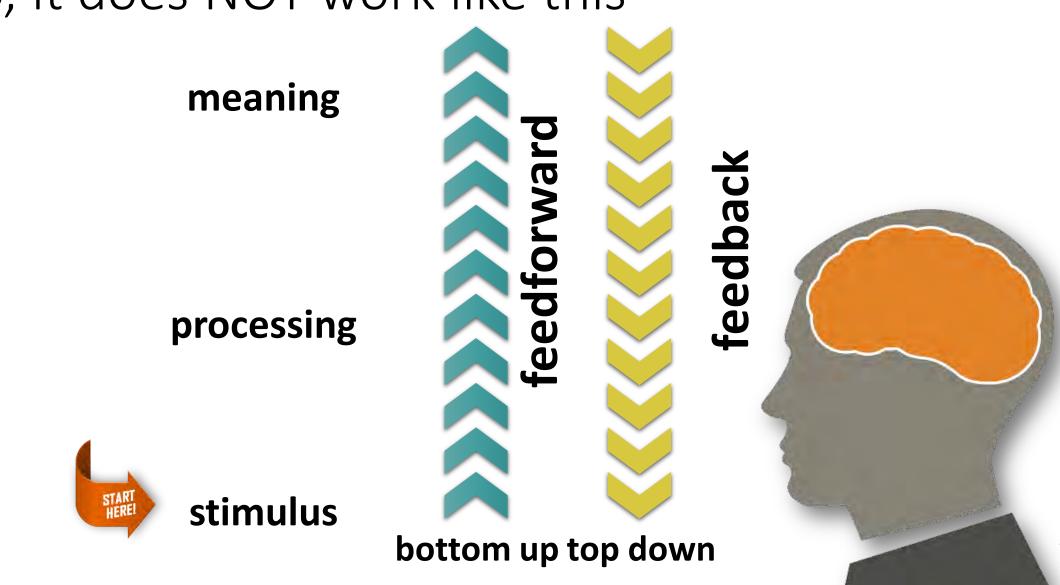




# What's wrong with our current ideas about the brain?

- Information processing is not linear
- Sense making is not just integrating all the details of the sensory input
  - There isn't enough time to calculate and make that puzzle! (Daniel Kahneman)
  - Processing all the sensory input (computing) is not very helpful for survival!
     (Smilodon story)
- So, the brain does not compute, It guesses,
- And it can make smart guesses because it uses context,
- This is known as: the predictive mind

### So, it does NOT work like this



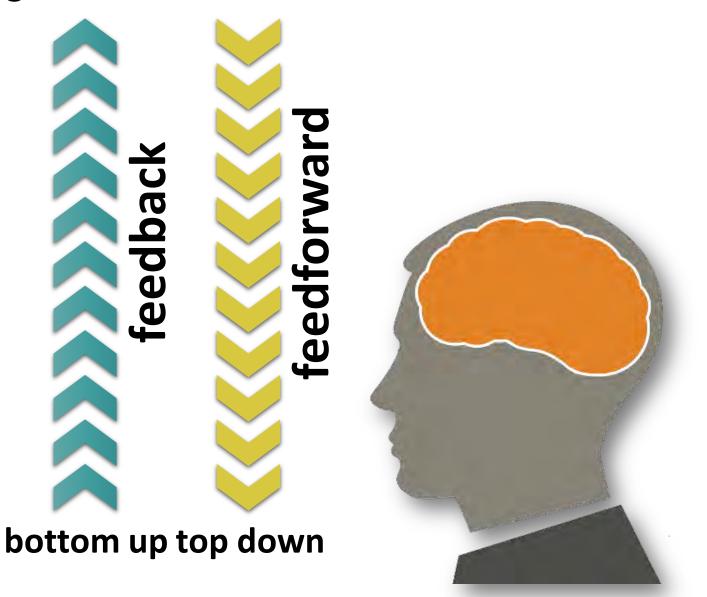
### But it works like this



prediction

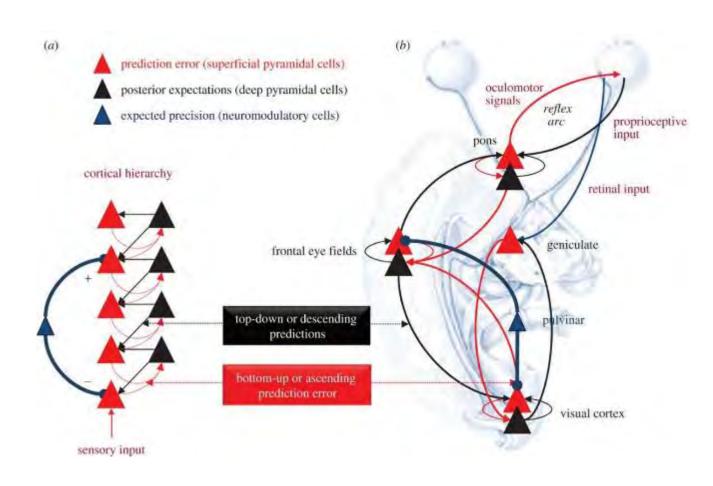
Checking prediction (prediction error)

stimulus



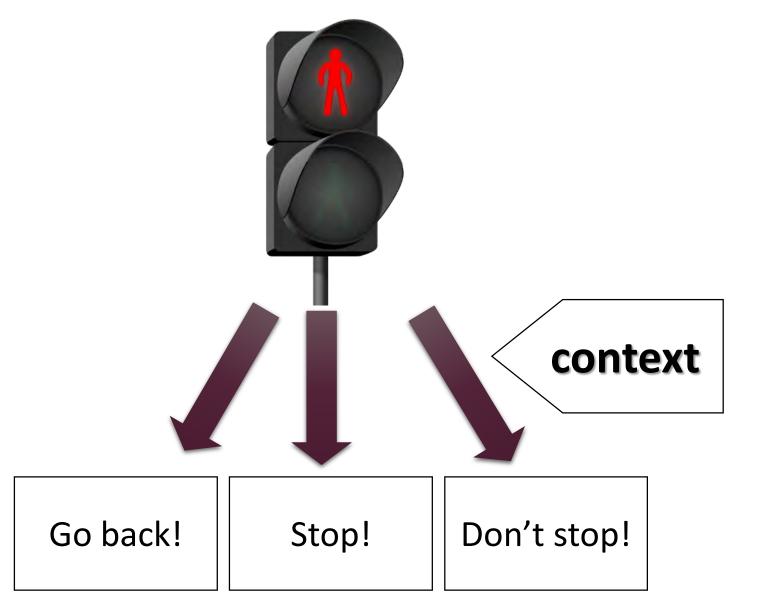
The brain does not process stimuli, only what is different from the stimuli it predicted...





From *The Lancet* 

### Living in a relative (VUCA) world



Nothing has an absolute meaning! Everything depends on context.

Therefore, our brain became an expert in using context for making quick and smart guesses.

### Autism and the predictive mind: hypotheses

- Not enough, too broad predictions (hypo-priors) (Pellicano & Burr, 2012)
- Too specific predictions (Hohwy, 2015; Brock, 2012; Qian & Lipkin, 2011)
- HIPPEA: High, Inflexible Precision of Prediction Errors in Autism (Van de Cruys e.a., 2013, 2014)
- An imbalance of the precision ascribed to sensory evidence relative to prior beliefs. (Friston e.a., 2013; Lawson, Rees & Friston, 2014)

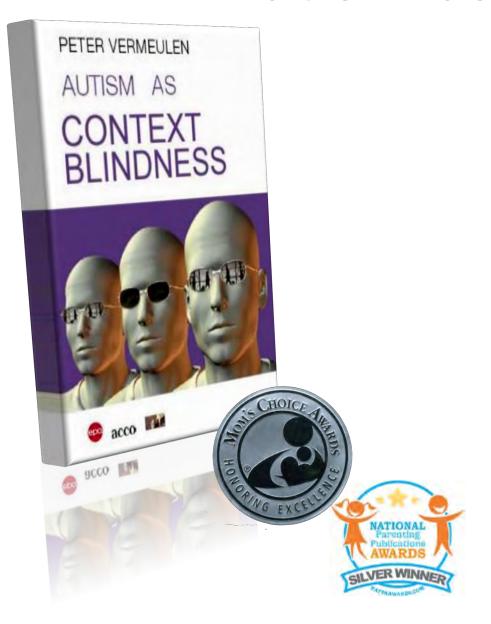
### Autism and the predictive mind: context!

- In ASD, the dysfunction of prediction based on context may impair the ability to adapt quickly to an ever changing socio-emotional world. (Gomot & Wicker, 2012, p. 245)
- In particular, we think autism is associated with an inability to flexibly adjust the degree of precision in a different context. (Van de Cruys e.a., 2013, p.97-98)
- Autism may be related to problems with making predictions sensitive to the wider context."

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(Palmer e.a., 2015)
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• Comparably, reduced *global processing* in autism may reflect a reduced role for top-down predictions in *integrating* sensory features into a more broadly coherent or context-sensitive percept." (Palmer e.a., 2017)

### Autism as context blindness



### Context blindness:

Reduced ability to use the context **spontaneously** when giving meaning to (especially vague, ambiguous and abstract) stimuli.

### Autism as context blindness 2.0

### Context blindness 2.0:

Reduced ability to use the context unconsciously and **spontaneously** to generate **predictions** about the world and process **prediction errors**.

### Autism as a prediction disorder

This new idea could change our ideas about many things in autism such as:

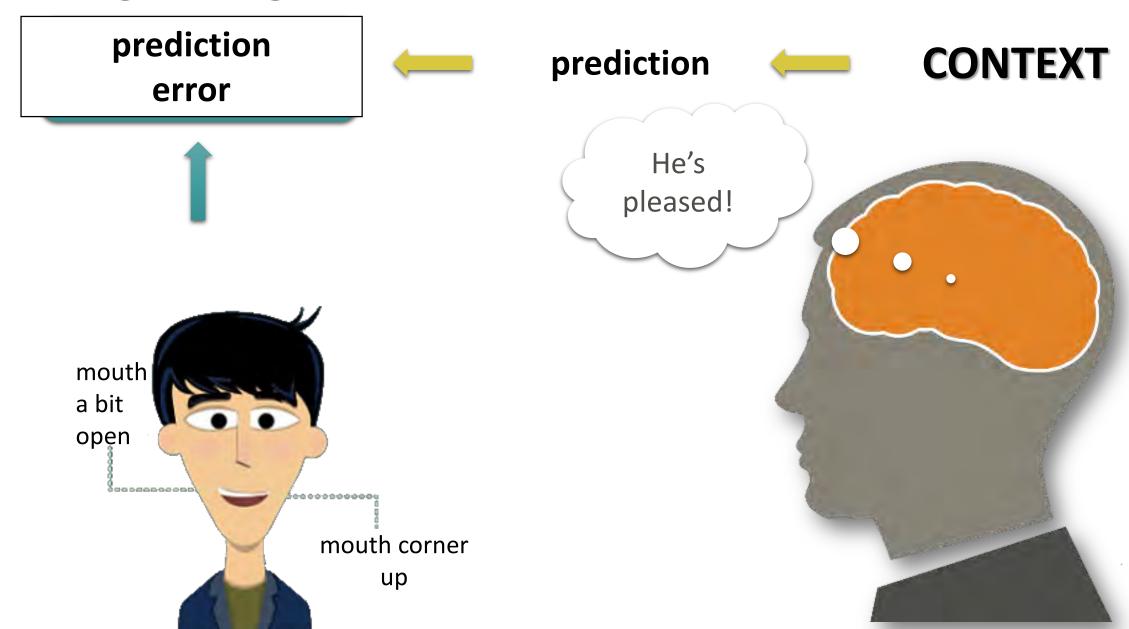
- Sensory issues and what to do about them
- Communication
- Emotion recognition and how to teach socio-emotional skills

### Context and emotion recognition

Relation facial expression –emotion is not fixed We never see facial expressions out of context



### Recognizing emotions



### Again: context...



#### **Context in Emotion Perception**

Lisa Feldman Barrett<sup>1,2</sup>, Batja Mesquita<sup>3</sup>, and Maria Gendron<sup>1</sup>

<sup>1</sup>Department of Psychology, Boston College, <sup>2</sup>Department of Psychiatry and the Martinos Center for Biomedical Imaging, Massachusetts General Hospital/Harvard Medical School, and <sup>3</sup>Department of Psychology, University of Leuven, Belgium

Current Directions in Psychological Science 20(5) 286–290 © The Author(s) 2011 Reprints and permission: sagepub.com/journalsPermissions.nav DOI: 10.1177/0963721411422522 http://cdps.sagepub.com



#### Abstract

We review recent work demonstrating consistent context effects during emotion perception. Visual scenes, voices, bodies, other faces, cultural orientation, and even words shape how emotion is perceived in a face, calling into question the still-common assumption that the emotional state of a person is written on and can be read from the face like words on a page. Incorporating context during emotion perception appears to be routine, efficient, and, to some degree, automatic. This evidence challenges the standard view of emotion perception represented in psychology texts, in the cognitive neuroscience literature, and in the popular media and points to a necessary change in the basic paradigm used in the scientific study of emotion perception.

### Context more important than the face!

But people with autism rely on the face, not the context!

Short Report

Emotion recognition from congruent and incongruent emotional expressions and situational cues in children with autism spectrum disorder



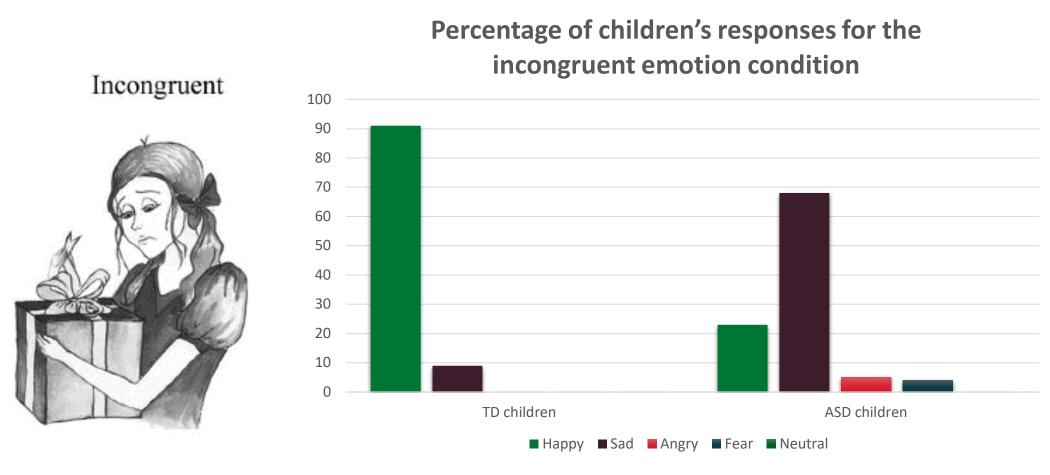
Autism
1–5
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DOI: 10.1177/1362361314535676
aut.sagepub.com



Dina Tell and Denise Davidson

### Context more important than the face!

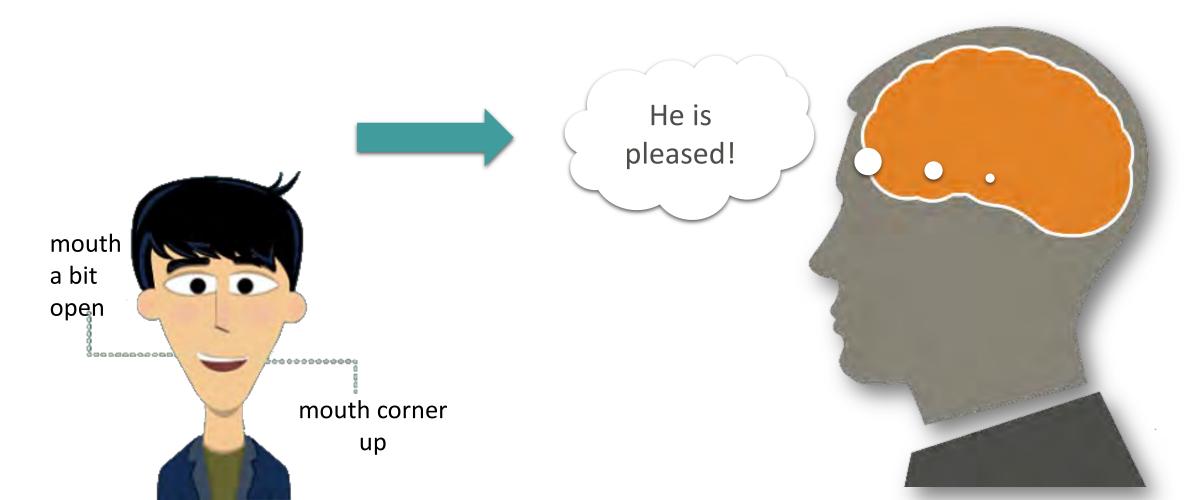
But people with autism rely on the face, not the context!



Tell & Davidson (2014)

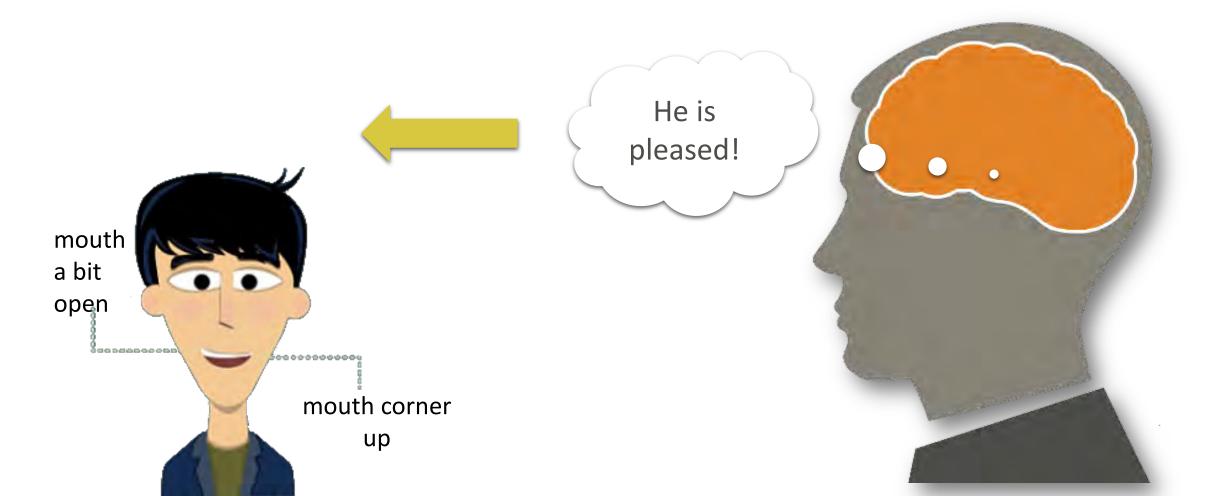
### So, we thought emotion recognition went like this:

### Reading emotions FROM faces



### But it actually goes like this:

### Reading emotions INTO faces



# So we should teach people with autism to PREDICT emotions, using context, not faces



### Link emotions to context

#### Start from contexts!



Available online at www.sciencedirect.com

#### **ScienceDirect**

Procedia
Social and Behavioral Sciences

Procedia - Social and Behavioral Sciences 93 (2013) 1148 - 1153

3rd World Conference on Learning, Teaching and Educational Leadership - WCLTA 2012

Interpreting social contexts and emotions and ASD

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#### Abstract

Deficits in social skills are a feature of Autism Spectrum Disorder (ASD). An eight year old with ASD and disruptive behaviors was taught to correspond ranges of emotions to different situational contexts to improve functional social skills. A lesson from the Feuerstein Instructional Enrichment (FIE) Program was modified according to applied behavioral approaches (ABA). The Social Skills Rating System, lesson results and interviews indicated improvement in social skills after intervention, specifically in cooperation, self-control, responsibility, and empathy. This teaching intervention focusing on situational contexts and emotional ranges may enhance social skills and thus warrant further investigation and research.

# Predictive mind, context and social interaction

Action perception is not simply a reflection of what happens, but a projection of what will happen next. (von der Lühe e.a., 2016)

### Predictive coding explains social deficit in ASD

### PHILOSOPHICAL TRANSACTIONS B

rstb.royalsocietypublishing.org

#### Research





Cite this article: von der Lühe T, Manera V, Barisic I, Becchio C, Vogeley K, Schilbach L. 2016 Interpersonal predictive coding, not action perception, is impaired in autism. *Phil. Trans. R. Soc. B* **371**: 20150373. http://dx.doi.org/10.1098/rstb.2015.0373

# Interpersonal predictive coding, not action perception, is impaired in autism

T. von der Lühe<sup>1,†</sup>, V. Manera<sup>2,†</sup>, I. Barisic<sup>3</sup>, C. Becchio<sup>4,5</sup>, K. Vogeley<sup>1,6</sup> and L. Schilbach<sup>1,7</sup>

(i) LS, 0000-0001-5547-8309

This study was conducted to examine interpersonal predictive coding in individuals with high-functioning autism (HFA). Healthy and HFA partici-

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<sup>&</sup>lt;sup>3</sup>Cognitive Science Department, ETH Zürich, 8092 Zürich, Switzerland

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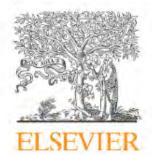
<sup>&</sup>lt;sup>5</sup>Department of Psychology, University of Turin, Turin, Italy

<sup>&</sup>lt;sup>6</sup>Research Centre Juelich, Institute of Neuroscience and Medicine (INM-1), 52428 Juelich, Germany

<sup>&</sup>lt;sup>7</sup>Max Planck Institute of Psychiatry, 80804 Munich, Germany

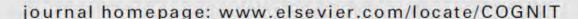
# Despite intact Theory of Mind difficulties predicting what other people will do

Cognition 160 (2017) 17-26



Contents lists available at ScienceDirect

#### Cognition





**Original Articles** 

Reduced sensitivity to social priors during action prediction in adults with autism spectrum disorders



Valerian Chambon <sup>a,b,\*</sup>, Chlöé Farrer <sup>c</sup>, Elisabeth Pacherie <sup>a</sup>, Pierre O. Jacquet <sup>d</sup>, Marion Leboyer <sup>e</sup>, Tiziana Zalla <sup>a,\*</sup>

### Context and social cognition

Social cognition in ASD only impaired when context is involved (Baez, Ibanez et al., 2012; 2014)





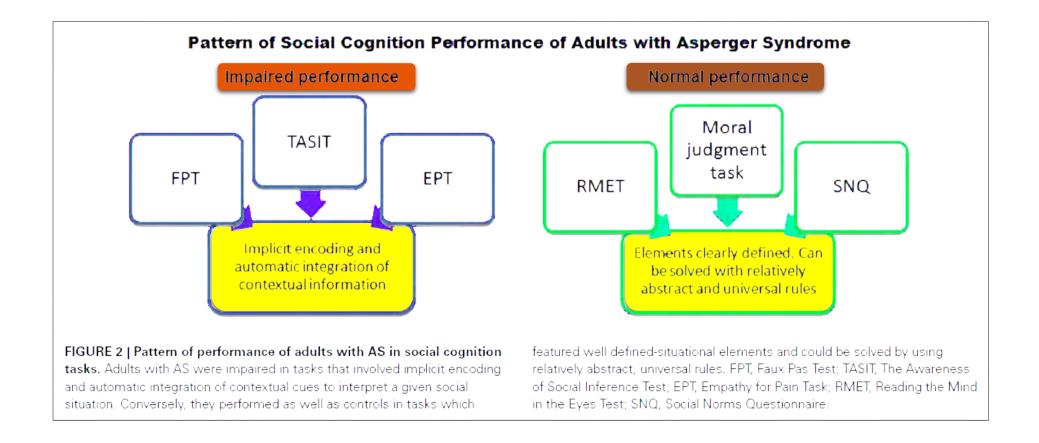
# The effects of context processing on social cognition impairments in adults with Asperger's syndrome



Sandra Baez 1,2,3 and Agustin Ibanez 1,2,3,4,5 \*

- <sup>1</sup> Institute of Cognitive Neurology (INECO) and Institute of Neuroscience, Favaloro University, Buenos Aires, Argentina
- <sup>2</sup> UDP-INECO Foundation Core on Neuroscience (UIFCoN), Diego Portales University, Santiago, Chile
- 3 National Scientific and Technical Research Council (CONICET), Buenos Aires, Argentina
- <sup>4</sup> Universidad Autónoma del Caribe, Barranquilla, Colombia
- <sup>5</sup> Australian Research Council, Centre of Excellence in Cognition and its Disorders Sydney, NSW, Australia

## Context and social cognition



Frontiers in Neuroscience

www.frontiersin.org

Source: Baez & Ibanez (2014)

### Loth a.o. (2010)

J Autism Dev Disord DOI 10.1007/s10803-009-0929-7

ORIGINAL PAPER

Variety is Not the Spice of Life for People with Autism Spectrum Disorders: Frequency Ratings of Central, Variable and Inappropriate Aspects of Common Real-life Events

Eva Loth · Francesca Happé · Juan Carlos Gómez

Contextual variations are often seen as central or as fixed rules, even in those who pass high level ToM tests e.g. having a dessert when going to a restaurant

### Context and social competence

• The biggest problem in ASD is not social skills (knowing what and how to do)

The biggest problem in ASD is knowing where and when to do it and where and when not

### Social competence requires contextual sensitivity

### Contextualized teaching

- Do not use decontextualized materials
- Do not teach 'skills' but start from contexts
- Link behaviours always to contexts

Starting a conversation

### Teaching: traditional approach: generic skills

#### Starting a conversation





Step 1: Think of what you'd like to say



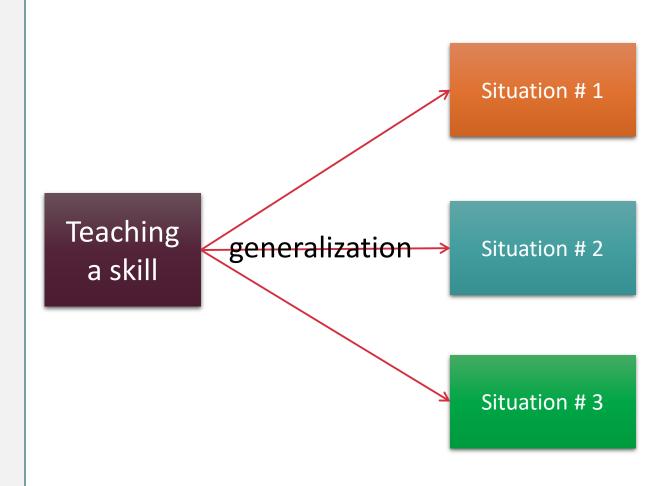
**Step 2**: Make sure you have the other person's attention. Look at the person.



**Step 3**: Ask a question or make a comment.

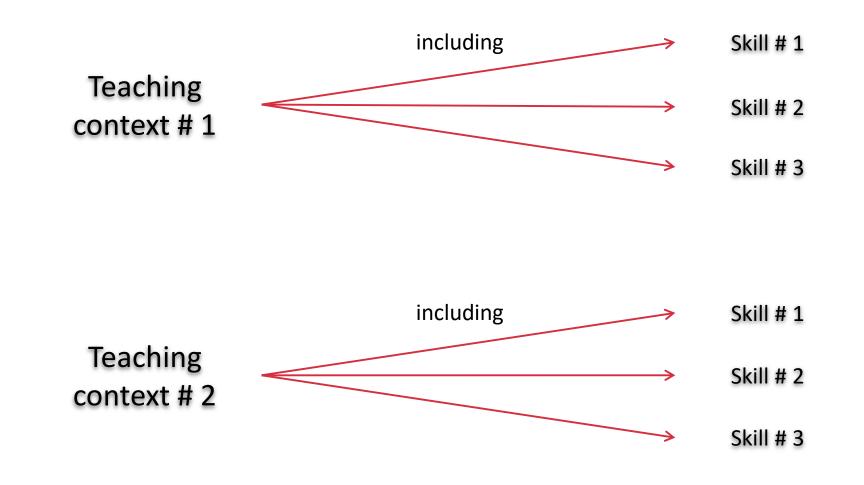


**Step 4**: Listen carefully while the other person responds.



### Contextualized teaching

### Does not start from skills but from contexts



### Contextualized teaching

### Teaching and clarifying context:

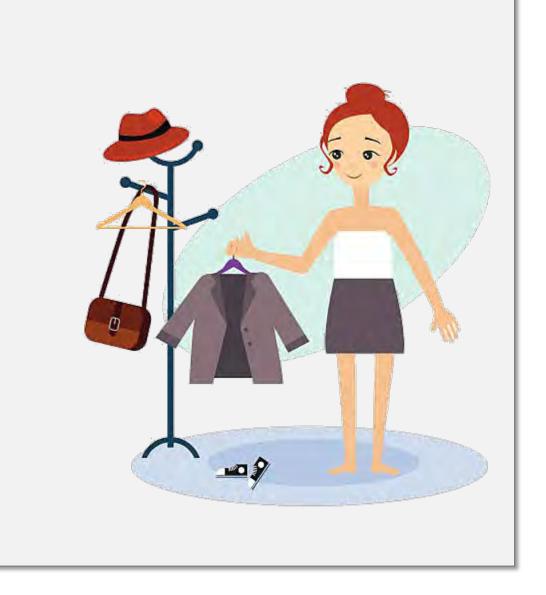
- ✓ What can happen in that context?
- ✓ What can you do in that context?
- ✓ What can you say in that context?



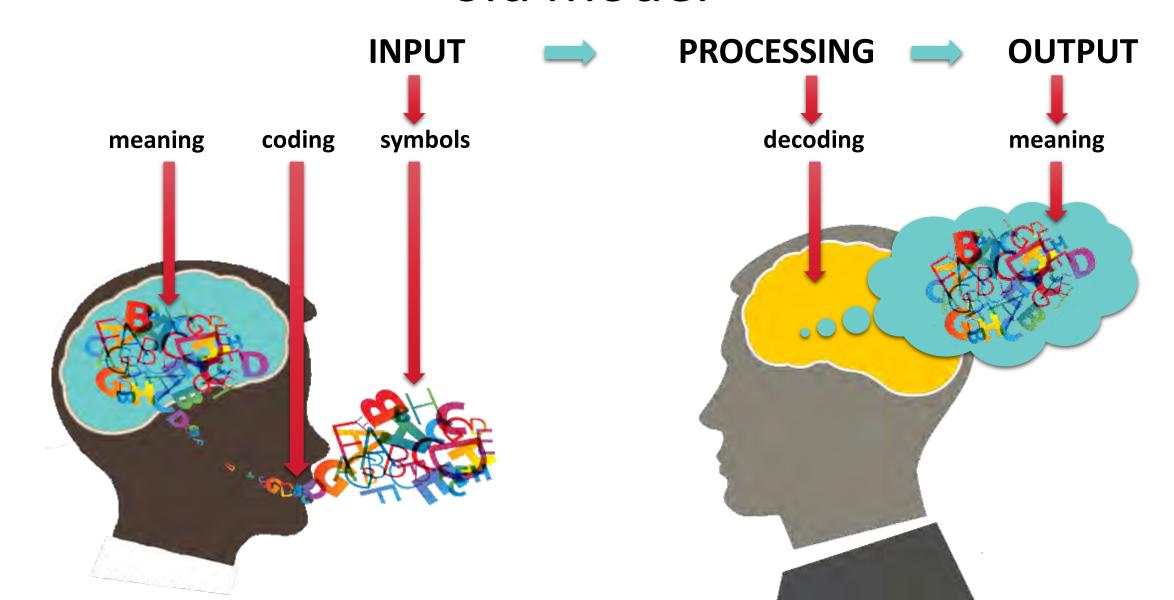
### Contextualized scripts

#### Welcoming someone at your home:

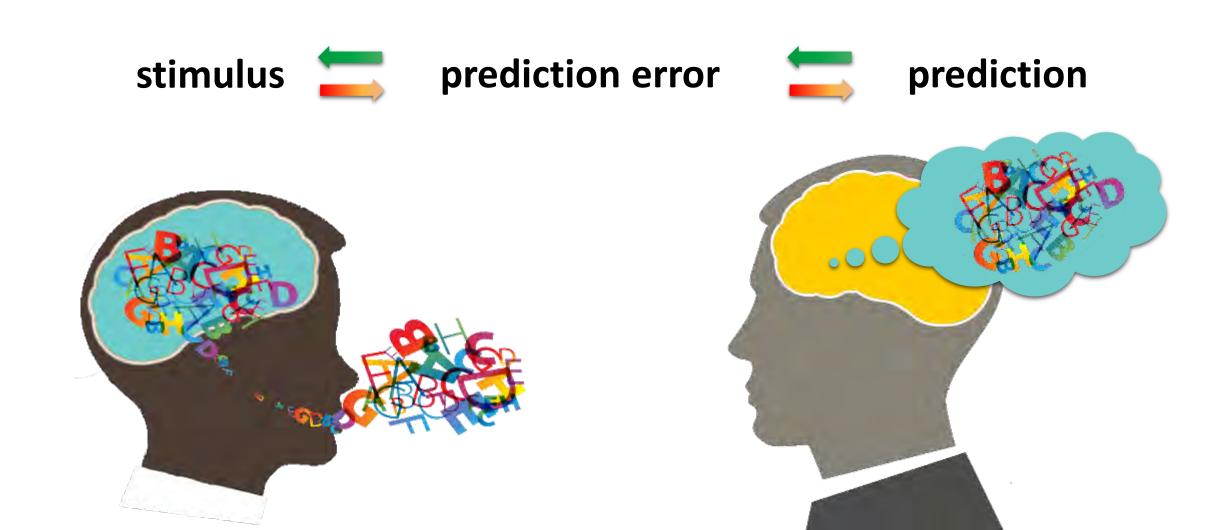
- When the person wears a coat, you ask "May I take your coat?".
- If the person says "no", invite him/her to come further in.
- If the person says "yes",
   wait until he/she gives you the coat
   and hang it on the coat rack.
   If you don't have a coat rack,
   hang the coat carefully over a chair.



# Understanding language and communication: old model



# Understanding language and communication: new model

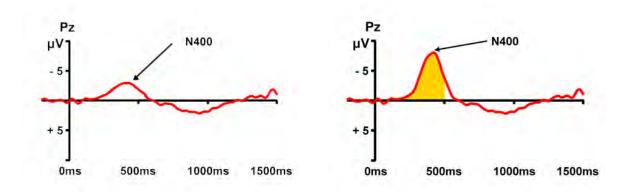


### Context and predicting language and communication

The brain makes quick guesses about what someone is going to say or show, based on context

- N400
- Lexical priming

 N400 lower in people with autism (Pijnacker e.a., 2010)



Jan eet friet met mayonaise

Jan eet friet met schoen.

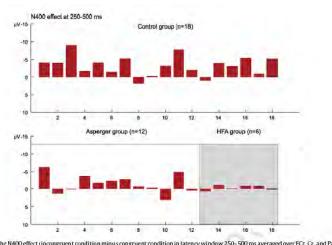
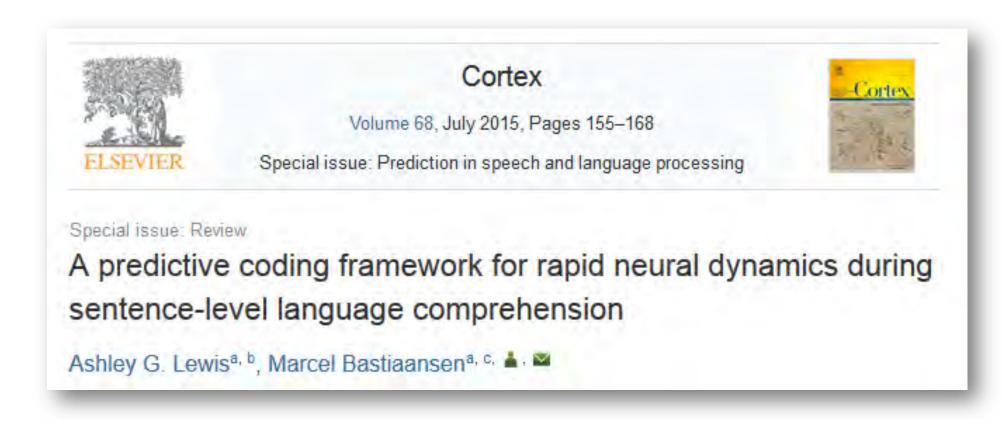


Fig. 4. Mean amplitude of the N400 effect (incongruent condition minus congruent condition in latency window 250–500 ms averaged over FC2, Cz, and Pz) for each individua participant. Negative values are plotted upward.

### Special issue Cortex, July 2015



Understanding language = predicting language!

### Context and communication

### Nothing has an absolute meaning, remember?

So, whatever we use to communicate...



...their meaning is never fixed, but depending on the context

### Context and communication

What is difficult for people with ASD, is to find out what something (a word, a sentence, a gesture, a picture etc.) means *in this context* 

### Context helps predicting communication



If your brain is context blind, it will have difficulties predicting (and hence understanding) communication

### Pushing the context button in communication

I will now ask you something about yesterday And now something about the actors in the movie

OK, Let's now move on to question #2.

Pushing the context button helps to 'predict' an uncertain world with all its ever changing meanings



### Contextualizing the concept of free time

How much free time do I have?
15 min. 15-30 min. 30-60 min. > 1 hr

Do I want to do something together with someone?
 No Yes

Where can I do an activity?
 Inside Outside

### Choosing a free time activity



# Hopefully you could put all the information in context...





